



Nutritional Information

Cheddar Cheese Popcorn

Nutritional Facts

Serving Size 1.5 Cups (28 g)

Servings: About 3.5

Calories 190

Calories from Fat 140

Percent Daily Values (DV) are based on a 2,000 calorie diet*

Amount Per Serving	% DV*
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Total Fat 16 g	25%
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Saturated Fat 4.5 g	23%
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Trans Fat 2 g	
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Cholesterol 10 mg	3%
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Sodium 240 mg	10%
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Total Carbohydrate 10 g	3%
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Dietary Fiber 2 g	8%
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Sugars 0 g	
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Protein 3 g	
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Vitamin A	4%
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Vitamin C	0%
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Calcium	4%
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Iron	2%
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Ingredients

INGREDIENTS: Cheese (partially hydrogenated soybean oil, dried cheddar cheese ((milk, cheese culture, salt, enzymes), cream, salt, sodium phosphate, yellow 5, lactic acid, and yellow 6) soy lecithin), popcorn, corn oil, cheddar cheese powder (cheddar, blue, romano (pasteurized cultured milk, salt and enzymes), whey, partially hydrogenated soybean oil, buttermilk, nonfat dry milk, turmeric extract, annatto extract, sodium caseinate, lactic acid), salt, sour cream powder (sour cream (cultured cream, nonfat milk)), maltodextrin, onion & garlic powder, citric acid, natural flavors, yellow #6, disodium inosinate guanylate, less than 2% silicon dioxide), salt, natural and artificial flavors.

Allergy Information: Contains Milk, Soy. Processed in a facility that also processes peanuts and tree nuts.